



Optimum
Workforce Leadership

Delirium Competency Framework



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Chesterfield Royal Hospital NHS Foundation trust.

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supported by



Specific Competencies

| | Competent Yes / No | Signed off by | Supporting evidence | Further training required/identified | Agreed action plan and completion date |
|--|-----------------------|------------------|------------------------|---|---|
| 1 The care worker understands the definition of Delirium as identified within current NICE guidelines. | | | | | |
| 2 The care worker is able to identify symptoms of both hyperactive and hypoactive delirium. | | | | | |
| 3 The care worker understands some of the main underlining causes of delirium and is fully familiar with the PINCH ME acronym. | | | | | |
| 4 The care worker is familiar with the risk factors associated with delirium. | | | | | |
| 5 The care worker is confident in using both the AMT 4 and 10 screening tool. | | | | | |
| 6 Having completed attached case studies the care worker was able to develop a multidisciplinary person centred care plan to manage both acute episodes. | | | | | |
| 7 The care worker is able to identify with the physical tests required to support a delirium diagnosis. | | | | | |
| 8 The care worker is able to identify with environmental factors which may attribute to problems in delirium. | | | | | |
| 9 The care worker can identify the ten interventions required to support the person with delirium within the training pack. | | | | | |
| 10 The care worker can list precipitating causes of delirium. | | | | | |